

## **North football 2024**

**Undefeated 2016-2017-2018-2019-2020-2021-2023**

**Equipment handout August 26<sup>th</sup> at 2pm- 3pm 8<sup>th</sup> grade**

**7<sup>th</sup> grade handout will begin a 3pm-4pm.**

**We will practice August 27<sup>th</sup>,28<sup>th</sup>,29 from 3-5:15.**

**We will not practice Friday August 30<sup>th</sup> for the holiday weekend.**

**September 3<sup>rd</sup>, first day of school practice begins at 3pm. We will practice every day after school from 3-5:15.**

**To participate you must have a physical on or after April 15<sup>th</sup> 2024. We do not make any cuts. We will provide shoulder pads, helmet, knee pads, practice pants/shirts and game jersey.**

**Players are required to purchase a girdle with pads in it. Football cleats, white, black, or a combination of all 3. Our school colors are red and white. We play our games on Tuesdays.**

**Updates and reminders will be made on our school website and Facebook page during the summer. A calendar will be provided when we return to school. I do check my e-mail weekly during the summer. If you have any questions please feel free to contact me.**

**[mpollock@abs.misd.net](mailto:mpollock@abs.misd.net)**

**We scrimmage on September 10<sup>th</sup>**

**Our first game is September 17<sup>th</sup>**