



December 1, 2021

Dear Anchor Bay Families,

As we begin to process the events that happened yesterday at Oxford High School, the Wellness Team would like to share some resources and tips that can assist you when talking with your children. If your child needs additional support at school, please reach out to their building, or to me, to get connected to school staff that can help.

Here are two phone numbers for parents and students that can also help at this time:

- Common Ground is a 24/7 Resource and Crisis Helpline/Text/Chat available for anyone who would like to speak with someone about the events. That number is **1-800-231-1127**.
- Macomb County Crisis Line is also a 24/7 number at **586-307-9100**.

A great online resource that has tips to help parents talk with kids about tragedy is the National Association of School Psychologist page: <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-safety-and-crisis/school-violence-resources/talking-to-children-about-violence-tips-for-parents-and-teachers>

Our thoughts and prayers go out to the entire Oxford Community.

Sherry Kenward

Director of Student Services
Anchor Bay Schools
586-648-2500 ext. 1826
skenward@abs.misd.net