

CURRICULUM SYLLABUS

CURRICULUM AREA: Health

COURSE TITLE: Healthy Living

GRADE LEVEL: 8

COURSE DESCRIPTION:

The Healthy Living approach to Human Sexuality emphasizes all aspects of development. Emphasis is placed on the entire person, and healthy living as well as decision making, human anatomy, sexually transmitted diseases, fetology and family planning. The objectives of the class are: 1.) to prepare the Middle School student with the necessary tools needed to communicate effectively about health, sexuality, STD, HIV, AIDS, and decision making as it is related to the adolescents; and 2.) to provide accurate information and understanding of the human reproductive anatomy and the responsibility for life; and 3.) advanced first aid and CPR.

COURSE EXPECTATIONS / GOALS / BENCHMARKS / OBJECTIVES:

To help students make good life-long decisions and wise decisions pertaining to health for today and for the future.

COURSE TEXTBOOKS / MATERIALS

Materials pertaining to Health are acquired from many sources, i.e. hospitals, videos, guest speakers, etc.

MAJOR COURSE ASSIGNMENTS / REQUIREMENTS:

Students are expected to find articles in newspapers and/or magazines on health-related topics to share with the class.

GRADING AND ASSESSMENTS (TESTS AND QUIZZES):

Daily class work, quizzes, tests, and projects.

HOMEWORK:

Homework consists of teacher-generated worksheets.

OTHER IMPORTANT INFORMATION:

Parents who want to preview the entire Health Curriculum, which lists the State Benchmarks and Key Concepts, may contact the building administrator.