



ANCHOR BAY AQUATIC CENTER SPRING 2023 YOUTH LEARN TO SWIM CLASS & SWIM CLUB CONDITIONING



*** WE DO NOT OFFER REFUNDS OR MAKE-UPS FOR MISSED CLASSES***

*** IN THE EVENT OF LOW ENROLLMENT CLASSES CAN BE COMBINED OR CANCELLED***

*** IN THE EVENT OF INCLEMENT WEATHER CLASSES WILL BE MADE UP***

Registration Link: <http://apm.activecommunities.com/absdcommrec>

August Tuesday/ Thursday Eve Session	<u>August 8, 10, 15, 17</u>	Registration Opens August 3rd
School Age Pre-Club (level 4/5)	AUG 7,9,14,16,21,23,28,30, SEP 6, 11,13,18,20,25,27	Registration Open
School Age Swimming Conditioning Club	June 12th– August 31st	Registration Open

Tuesday/ Thursday Evening Lessons:

CLASS	TIME	DURATION	COST	RATIO	REQUIREMENTS
Pre-school	5pm Or 5:45pm	4 classes /30 Minutes each class	\$50	1 Instr./4 Kids	INDEPENDENT IN THE WATER WITHOUT FLOATA-TION OR PARENT/GUARDIAN. Must be 4 years old to enter class.
Level 1	5pm Or 5:45pm	4 classes /35 Minutes each class	\$55	1 Instr./4 Kids	Pass pre-school requirements. Comfortable in the water, can independently put face in water, floats with assistance.
Level 2	5pm Or 5:45pm	4 classes /40 Minutes each class	\$60	1 Instr./5 Kids	Pass Level 1 requirements. Floats independently, can submerge and independently put face in the water, treading basic skills.
Level 3	5pm Or 5:45pm	4 classes /45 Minutes each class	\$65	1 Instr./6 Kids	Pass Level 2 requirements. Able to swim 15 yards freestyle, 10 yards back stroke, glides and floats. Independent swimming and comfortable in the deep water.
Pre-Club Level 4/5: MONDAY/ WEDNESDAY	5:00 PM	15 classes /60 Minutes each class	\$175	1 Instr./ 10Kids	Pass Level 3 requirements. Able to swim 25 yards of each stroke. Refine stroke mechanic proficiency; free, back, breast, fly, starts, turns. Safety awareness.

Conditioning: Rolling Registration	Time	Cost	Class Size	Sessions	Must be able to perform all Four (4) Strokes to Enroll.
School Age Swim Conditioning	Mon & Th 6:30—8pm	\$200	Max 15	June 12– August 31st	Competitive Stroke Development & Defining. Free, Back, Breast, Fly