



American Red Cross

September 18th – September 22nd

Anchor Bay School District Aquatic Programs

52401 Ashley New Baltimore MI. 48047 Call: 586-716-4623



Programs & Schedule can change based on interest, low enrollment, school use needs; academic or AB athletics.

Information and Registration are available at: <https://apm.activecommunities.com/absdcommrec>

Monday	Tuesday	Wednesday	Thursday	Friday
6:00am – 11AM Adult Meter Lap Swim	Coast Guard use ONLY 7:00-9:00 AM	6:00 AM – 11 AM Adult Meter Lap Swim	Coast Guard use ONLY 7:00-9:00 AM	6:00 AM – Noon Adult Meter Lap Swim
6:00 AM – 11 AM Adult Shallow Open Swim	Silver Sneakers Land Class 8:30-9:20AM	6:00 AM – 11 AM Adult Shallow Open Swim	Silver Sneakers Land Class 8:30-9:20 AM	6:00 AM – Noon Adult Shallow Open Swim
<u>Shallow Water Aerobics</u> 8:30-9:30 AM	9:30 AM - 11 AM Adult Open Lap and Shallow	<u>Shallow Water Aerobics</u> 8:30-9:30 AM	9:30 AM - 11 AM Adult Open Lap and Shallow	<u>Shallow Water Aerobics</u> 8:30-9:30 AM
CLOSED 11 AM – 3:30 PM	CLOSED 11 AM – 3:30 PM	CLOSED 11 AM – 3:30 PM	School Use 12:30 – 3PM	School Use 12:30 – 3PM
School Use 3:30 – 5:30 PM	School Use 3:30 – 5:30 PM	School Use 3:30 – 5:30 PM	School Use 3:30 – 5:30 PM	
<u>5:30-6:30PM</u> Pre-CLUB		<u>5:30-6:30PM</u> Pre-CLUB		
6:00pm – 8:00pm Adult Meter Lap Swim		6:00pm – 8:00pm Adult Meter Lap Swim		
<u>Shallow Water Aerobics</u> 6:00pm – 7pm		<u>Shallow Water Aerobics</u> 6:00pm – 7pm		

Dryland Silver Sneakers Classes: Call Health Care Provider to See if You Qualify for Silver Sneaker/ Tivity ~ *

Drop in Fees		Memberships		Birthday Party Rental		25 Max	Program Registration	Per Session
Adult Lap	\$5	Annual	\$225	Friday Night (2 hrs)	\$200	Swim Lessons	\$50 - \$80	
Student/ Military	\$4	Monthly	\$35	Private Friday 2-hr block	\$400	Swim Conditioning CLUB	\$200	
Water Aerobic	\$8	Family 1 Month	\$100	Saturday Afternoon 12 - 2	\$450			
Family Open Swim	\$10		\$80	Private Sat. 2-hr. block	\$450			

Dryland Class	\$4	20 Visit Punch Card (valid one year)				
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