



Anchor Bay High School

2023-2024 Lunch Menu

* Served with a Grain Choice

Online Menu and Nutritionals: anchorbay.nutrislice.com

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Galley Grill:

All students are eligible for one **free** breakfast and one **free** lunch each school day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrée Choices: *Corndogs (Mini or Stick) *Chicken Sandwich (Spicy or Crispy) *Little Caesar's Pizza (Pepperoni, Cheese, Veggie)	Entrée Choices: *Cheesy Bread *Chicken Sandwich (Spicy or Crispy) *Fresh Baked Pizza *Veggie Burger	Entrée Choices: *Chicken Tenders *Popcorn Chicken Bowl *Chicken Sandwich (Spicy or Crispy) *Roast Beef Wrap *Fresh Baked Pizza *Veggie Burger	Entrée Choices: *Cheesy Bosco Sticks *Chicken & Onion Rings *Chicken & Waffles *Chicken Sandwich (Spicy or Crispy) *Fresh Baked Pizza *Veggie Burger	Entrée Choices: *Cheeseburger *Chicken Sandwich (Spicy or Crispy) *Macaroni & Cheese *Fresh Baked Pizza *Veggie Burger

Port:

Entrée Choices: *Fresh Baked Flatbreads (BBQ Chicken, Philly Cheese) *Little Caesar's Pizza (Pepperoni, Cheese, Veggie)	Entrée Choices: *Loaded Hotdogs (Chili and Cheese) *Loaded Tater Tots (Chili and Cheese) *Calzone	Entrée Choices: *Chicken Tenders *Popcorn Chicken Bowl *Roast Beef Wrap *Fresh Baked Pizza	Entrée Choices: *Penne Pasta (Alfredo or Beef Sauce)	Entrée Choices: *Walking Beef Taco *Beef or Chicken Burrito
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Starboard:

Entrée Choices: *Asian Chicken w/ Fried Rice (Top w/ your favorite sauce) *Little Caesar's Pizza (Pepperoni, Cheese, Veggie)	Entrée Choices: *Loaded Hotdogs (Chili and Cheese) *Loaded Tater Tots (Chili and Cheese) *Calzone *Fresh Baked Pizza	Entrée Choices: *Breakfast Grains (Pancakes, Waffles, French Toast) Canadian Bacon Sausage Scramble Eggs *Fresh Baked Pizza	Entrée Choices: *Penne Pasta (Alfredo or Beef Sauce) *Fresh Baked Pizza	Entrée Choices: *Quesadillas (Cheese, Beef, Chicken) *Soft Pretzel (w/ cheese sauce)
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Stern:

Entrée Choices: *Fresh Salad Bar *Fresh Sandwiches *Fresh Wraps *Hummus Lunch *Yogurt Lunch	Entrée Choices: *Fresh Salad Bar *Fresh Sandwiches *Fresh Wraps *Hummus Lunch *Yogurt Lunch *Chicken Hani	Entrée Choices: *Fresh Salad Bar *Fresh Sandwiches *Fresh Wraps *Hummus Lunch *Yogurt Lunch	Entrée Choices: *Fresh Salad Bar *Fresh Sandwiches *Fresh Wraps *Hummus Lunch *Yogurt Lunch *Grilled Cheese (w/ tomato soup)	Entrée Choices: *Fresh Salad Bar *Fresh Sandwiches *Fresh Wraps *Hummus Lunch *Yogurt Lunch
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Daily Fruits/Veggies:

Students **must** take at least 1 offering of fruit or veggie each day! 2 offerings of each are allowed.

Fruits	Veggies	Fruits	Veggies	Fruits	Veggies	Fruits	Veggies	Fruits	Veggies
Apple Slices	Carrots	Season Fruit	Cucumbers	Fresh Melon	Corn	Fresh Berries	Peppers	Season Fruit	Green Beans
Oranges	Refried Beans	Applesauce	Baked Beans	Fruit Mix	Celery	Peaches	Tomatoes	Pears	Broccoli
100% Juice	Baked Fries	100% Juice	Sweet Potatoes	100% Juice	Mashed Potatoes	100% Juice	Romaine-Side Salad	100% juice	Black Beans
									Curly Fries

Daily Milk Offerings: 1% White, 1% Chocolate, 1% Strawberry

This is an equal and opportunity Provider